

# Metro-East Lutheran High School



# HIGHLIGHTS

January 10, 2025  
*Grace and Kindness*  
Ephesians 4

Please pray...

- For our students as they begin their second semester.
- For the families of eighth grade students as they make decisions about high school for next year.



## Important Upcoming Dates

January 14 Early Dismissal at 1:10 p.m.  
January 20 No School - Martin Luther King Jr. Day  
February 2 MELHS Open House

## Announcements

**No School:** There will be no school on Monday, January 20 in honor of Martin Luther King Jr. Day.

**Early Dismissal:** Next Tuesday, January 14, school will be dismissed at 1:10 p.m. There will be no lunch that day, but students can bring a snack to eat during a scheduled snack break.

**Winter Sports Pictures:** Pictures for students involved in winter sports will take place after school on Thursday, January 16 at 3:30 p.m.



**Welcome back Knights!**  
**Let's start second semester strong!**

**Yearbook:** Please share your MELHS memories from this school year with the school yearbook staff. Please email photos of your sports successes, activities fun and friendships to [ryan.sine2025@melhs.org](mailto:ryan.sine2025@melhs.org) or [caleb.conrad2025@melhs.org](mailto:caleb.conrad2025@melhs.org).

**Mission Trip Fundraiser:** Support the upcoming MELHS Mission Trip to Costa Rica by dining at Peel Wood Fired Pizza on Jan. 14. See the attached flier for more info on that event. Thanks for supporting our students as they serve others during interim week!



**Save the Date:** Mark your calendar now for the annual Sigmund Bohnet Memorial Golf Tournament, which will be held on April 12 at Arlington Greens Golf Course in Granite City.

**Fellowship of Christian Athletes:** FCA Guys Weekend of Champions will be March 7-9 at Lake Williamson in Carlinville. \*Registration is **\$50 off** if you register by January 15! Register here: <https://stlfca.org/guysweekend> Contact Mark Oberhauser with questions: [moberhauser@fca.org](mailto:moberhauser@fca.org) / 618-219-0489

**Glo Bingo:** Join us for Glo Bingo benefitting MELHS Boys Basketball on Friday, January 31, 2025 at Tri Township Park. Doors open at 6:00 p.m. and Bingo starts at 7:00 p.m. Tickets are available for \$25 in advance or \$30 at the door. Contact Sheila Hamlin for tickets or send money to the office marked "Glo Bingo". We hope to see you there!

**TRIVIA NIGHT** **Trivia Night:** Join the Costa Rica Mission Trip team for a Trivia Night on Friday, January 24! You can find details [HERE](#).

## Sports/Activities Schedules

**Boys Basketball** — 1/13 Home vs. Sparta, 1/14 Home vs. Altoff, 1/15 Freshman Home vs. Columbia, 1/17 Home vs. CORLHS

**Girls Basketball** — 1/11 at Roxana, 1/13 - 1/17 TBA Tournament at North Greene, 1/18 at Murphysboro

**Bowling** — 1/13 at Marquette, 1/14 at Southwestern, 1/15 Home vs. CORLHS, 1/18 TBA Regionals

**Dance** —

**Robotics** —

**Scholar Bowl** — 1/16 at Father McGivney, 1/18 TBA at Southwestern Piasa Board Invitational

## Announcements (continued)

**Schedules:** Many students have been working with Mr. Stock to finalize their schedules for second semester. Students should try to finalize their schedules before Christmas break. A student does have eight days into the new semester to make changes. Parental approval may be needed for some changes. Students will receive a printed copy of their schedule when they arrive back to school on Monday, Jan. 6.

Students are always welcome to bring their lunch to school. We also provide lunches that the students can order during their first hour. Students pay cash when picking up their lunch in the cafeteria.

For the second semester our lunch program looks like this:

Monday - **McDonalds**

Tuesday - **Snack Shack**

Wednesday - **Chick-fil-A**

Thursday - **Pizza**

Friday - **Snack Shack**



**Lost and Found:** All students should check out the table in the office commons to be reunited with their long-lost lunchbox, water bottle, sweatshirt, etc.

**Glow Up Interim Form Correction:** There was a typo on the forms for seniors and juniors for the Glow Up interim fee. The cost is not \$330! The fee is \$185. That covers the cost of products you will learn to use and take home with you. A donation is covering the cost of the additional practice materials. You will leave with a complete set of makeup brushes, your shade of TimeWise 3D Foundation, Liquid Eye Shadow, your choice of lip gloss, blush, and mascara. You will also take home Oil-Free Eye Makeup Remover, a basic skin care set (cleanser and moisturizer) and detoxifying charcoal mask. We will enjoy additional beauty treatments, but these are the ones you will take home that are covered in your \$185 fee.

**Online on-demand tutoring is now available.** Please check out the QR codes posted around the building or go to our school website and click on "tutoring" under the Academics tab.



**New Student Applications:** Applications are now open for new students interested in joining MELHS for the 2025-2026 school year. Families can submit an application here:

<https://mel-il.client.renweb.com/oa/?memberid=3749>

**MELHS Media**– Please follow our social media pages so you can stay up to date on everything happening around campus this year. **Please email any pictures to kori.krause@melhs.org.**

**Facebook**-@MetroEastLutheranHS

**Instagram**-@melhs.knights





**DINE <sup>2</sup>AND DONATE**

Indoor & Outdoor seating and Carryout orders  
open to close on 1.14.25.

Gift Cards, Packaged Sauces, Growlers of Beer  
and all Food Purchases count towards fundraiser.

# **Metro East Lutheran High School Costa Rica Mission Trip**

**ENTER CODE 2025 FOR  
ONLINE ORDERING!**

Please pull up this flyer on your phone or  
mention when you place your order. 20% of your  
proceeds will be counted  
(Net sales before tax and tip).  
Edwardsville location only.